



1st WORLD MOUNTAIN AND TRAIL RUNNING CHAMPIONSHIPS

3-6 NOVEMBER 2022
DOI SUTHEP, CHIANGMAI



www.wmtrc2021thailand.com

ORGANIZED BY **Tri-League** Thailand

WORLD MOUNTAIN & TRAIL RUNNING CHAMPIONSHIPS CHIANG MAI, THAILAND

- **RESULTS OF The CLASSIC UPHILL** -

- **TIPS FOR THE TEAM MEDALS
IN THE SHORT TRAIL & LONG TRAIL RACES** -

- **LIVE TRACKING LINK-**

Friday, November 4, 2022

The Amazing Thailand World Mountain and Trail Running Championships launched this morning at 10:15 am local time with a bang as loud as the fireworks at last night's opening ceremony. The national teams battled it out on a rugged course from Chang Mai to the idyllic rustic hill village, Ban Khun Chang Khian. This uphill "sprint" was 8.5km long and involved a lung-bursting altitude gain of 1344m. Congratulations to all the amazing runners who made it look so easy and particularly the medalists in the individual and team categories:

Individual men podium :

1. Patrick KIPNGENO - Kenya - 46 :51
2. Philemon KIRIAGO - Kenya - 48:24
3. Alejandro GARCIA CARRILLO - Spain - 49 :03

Men's team podium:

1. Italy
2. Switzerland
3. Spain

Individual women podium :

1. Allie MCLAUGHLIN - United States - 55 :15
2. Andrea MAYR - Austria - 55 :41
3. Maude MATHYS - Switzerland - 56 :00

Women's team podium:

1. United States
2. Great Britain
3. Switzerland

The highest-ranked teams: LONG TRAIL RACE MEN

This chart shows the average ITRA Performance Index (ITRA PI) of the 3 top-ranked runners in each team.

Rank	Names	First names	Gender	ITRA PI	Country	ITRA PI average
1	GARRIVIER	Thibaut	M	916	France	899
	MARTIN	Nicolas	M	902		
	POMMERET	Ludovic	M	878		
2	REITERER	Andreas	M	905	Italy	887
	CHERAZ	Davide	M	879		
	MONTANI	Riccardo	M	878		
3	Jones	Harry	M	873	GBR	886
	Foster	George	M	867		
	Evans	Tom	M	918		
4	EGEA CACERES	ARITZ	M	893	Spain	883
	FERNANDEZ JIMENEZ	JOSE ANGEL	M	888		
	FERNANDEZ FERNANDEZ	BORJA	M	868		
5	<i>Anthamatten*</i>	<i>Martin*</i>	M	901	Switzerland	879
	Manetsch	Ramon	M	878		
	Lustenberger	Martin	M	859		
6	Kjærevik	Anders Johnny	M	879	Norway	870
	Fenre	Tobias Dahl	M	868		
	Hermansen	Didrik Grytbak	M	863		
7	Peterman	Adam	M	917	USA	860
	LiPuma	Eric	M	856		
	Colt	Jeff	M	806		

**To be confirmed*

As you can see, the scores are very close. **France** is ranked first with an average ITRA PI of 899. Then, Italy with 887, **Great Britain** with 886 and Spain with 883 – you can't fit a cigarette paper between these three great trail running nations. **Switzerland**, **Norway** and the **USA** with an average ITRA PI respectively of 879, 870 and 860 will certainly be in the running too.

Nothing is decided, everything is to play for! This race promises to be a real test of endurance, grit and determination as well as raw talent. We should consider too the runners whose local knowledge might provide an advantage. Those with substantial experience racing in Asia include **Japan's** Hirokazu NISHIMURA (834 ITRA PI) and **Hong-Kong's** WONG Ho Chung (825 ITRA PI). We'll keep a close eye too on local boy "Jay" KIANGCHAIPAIPHANA (773 ITRA PI) who's running his home trails and Team GB's Harry JONES (873 ITRA PI) who lived, trained and raced in Chiang Mai for years. Still, it would take real courage to bet against France for the team win in this one.

The highest-ranked teams: LONG TRAIL RACE WOMEN:

Again, the chart shows the average ITRA PI of the 3 top-ranked runners in each team.

Rank	Names	First names	Gender	ITRA PI	Country	ITRA PI average
1	LHIRONDEL	Blandine	F	811	France	780
	TANGUY	Audrey	F	766		
	BOHARD CAILLER	Manon	F	764		
2	GARCIA DE LOS SALMONES MARCANO	AZARA	F	768	Spain	765
	MOLIST CODINA	MARTA	F	768		
	ARENAS ALCAZAR	GEMMA	F	760		
3	Bracy	Addie	F	763	USA	755
	Charboneau	Brittany	F	753		
	Gerbin	Kaytlyn	F	748		
4	Stelmach	Dominika	F	773	Poland	753
	Wilk	Katarzyna	F	745		
	Solińska	Katarzyna	F	742		
5	BOIFAVA	Alessandra	F	749	Italy	729
	TURINI	Giuditta	F	726		
	SPAGNOL	Camilla	F	713		
6	Albon	Henriette	F	738	Norway	725
	Linde	Sara-Rebekka Færø	F	721		
	Fenre	Mari Klakegg	F	715		

The average women's ranking is also incredibly high. As for the men, **France** is leading the ranking with an average ITRA PI of 780. **Spain** is just behind with 765. Then, Team **USA** and Team **Poland** are almost side by side with respectively 755 and 753. In 5th and 6th position we have the **Italians** with 729 and the Norwegians on 725. All of these teams have everything to win and the capacity to do it.

This race for women will be hugely competitive and each of the runners mentioned above are in the frame. Look out too for **Nepal's** Sunmaya BUDHA (772 ITRA PI), as the top-ranked Asian trail runner who might need less acclimatization than her competitors. The women promise us a great show and we shouldn't be surprised if there are surprises, given the incredible depth and talent of the field.

The highest-ranked teams: SHORT TRAIL RACE MEN:

Rank	Names	First names	Gender	ITRA PI	Country	ITRA PI average
1	TRANCHAND	Frédéric	M	919	France	909
	CARDIN	Thomas	M	912		
	BONIN	Arnaud	M	895		
2	CARDONA COLL	ORIOLO	M	894	Spain	888
	MARTINEZ PEREZ	ANTONIO	M	886		
	AIT MALEK OULKIS	ZAID	M	883		
3	PUPPI	Francesco	M	901	Italy	877
	DEMATTEIS	Martin	M	873		
	ROTA	Andrea	M	857		
4	King	Max	M	887	USA	874
	Miller	Zach	M	883		
	Aziz	Jonathan	M	853		
5	<i>Anthamatten*</i>	<i>Martin*</i>	M	901	Switzerland	870
	Delorenzi	Roberto	M	877		
	Becker	Ruedi	M	831		
6	Albon	Jonathan	M	941	GBR	857
	Townshend	Brennan	M	815		
	Adams	Thomas	M	814		
7	Moitoso	Dário	M	854	Portugal	848
	Silva	Bruno	M	849		
	Fumo	Helio	M	842		
8	MITRICĂ	LEONARD ALBERT	M	867	Romania	841
	MOȘOIU	CRISTIAN MARIAN	M	844		
	DAMIAN	BOGDAN	M	811		

**To be confirmed*

The ITRA PI of the men in the SHORT TRAIL race of the World Championships is so high that we expect 8 teams to fight a battle royal for the podium. Ranked first are the **French** with an average ITRA PI of 909. High enough to intimidate the other teams slightly, perhaps? But not so far behind **France** we find **Spain** with an average ITRA PI of 888. Team USA are 3rd, followed very closely by the **Swiss** with respectively 874 and 870. Team **Great Britain** is led by Jonathan ALBON, the 2nd best trail runner in the world by ITRA general ranking with an ITRA PI of 941. Jonathan must be the favorite for gold, even if he tells us he prefers to be the underdog. The **Portuguese** and **Romanian** teams are respectively ranked 7th and 8th with ITRA PI averages of 848 and 841. With such stratospheric performance levels it is impossible to be sure who will win the team medals. Take your pick, but, again, to bet against France for the team win would be brave.



คณะกรรมการอำนวยการจัดการแข่งขันวิ่งภูเขาและวิ่งเทรลชิงแชมป์โลก
AMAZING THAILAND WORLD MOUNTAIN & TRAIL RUNNING CHAMPIONSHIPS ORGANIZING COMMITTEE

1567 Soi Ladprao 94 (Panchamit), Phlabphla, Wangthonglang, Bangkok 10310 THAILAND Tel: +66 (2) 9575880-1 Fax: +66 (2) 9575882

The highest-ranked teams: SHORT TRAIL RACE WOMEN

Rank	Names	First names	Gender	ITRA PI	Country	ITRA PI average
1	<i>McLaughlin*</i>	<i>Allie*</i>	F	791	USA	769
	Gregory	Lauren	F	771		
	Mattox	Kimber	F	746		
2	SABRIE	Anaïs	F	781	France	763
	SAGNES	Mathilde	F	762		
	FERTIN	Candice	F	746		
3	AVILES CASTAÑO	SHEILA	F	780	Spain	763
	GIL CLAPERA	NURIA	F	765		
	COMET PASCUA	ANNA	F	743		
4	CONTI	Fabiola	F	748	Italy	725
	MAGLIANO	Camilla	F	727		
	IOZZIA	Ivana	F	700		
5	Davis	Eleanor	F	758	GBR	720
	Jackson	Nichola	F	714		
	Taylor	Sharon	F	689		
6	Kott Helander	Sanna	F	726	Sweden	701
	Gelfgren	Johanna	F	709		
	Kott Helander	Lina	F	669		

**To be confirmed*

The women's SHORT TRAIL race looks likely to be a shoot-out for the medals between USA, France and Spain. Team USA just lead the rankings with an average ITRA PI of 769. France and Spain are locked together each with an average ITRA PI of 763. But Team USA's Allie MCLAUGHLIN (791 ITRA PI) may be feeling the effects of her magnificent win in the Uphill race today. Or maybe it will just put even more spring in her step. Ranked fourth and fifth are Team Italy and Team GB with ITRA PI averages of 725 and 720. Sweden, without the presence of Tove ALEXANDERSSON (821 ITRA PI) who will sadly not start due to injury, are ranked 6th with an average of 701. The level of this field is incredibly high and the battle between France, Spain and the USA is one of the most eagerly anticipated aspects of an Amazing Thailand World Mountain and Trail Running Championships that is full of great match-ups and fascinating contests. We can't wait to see how it unfolds. Details on how to follow the races are below, so that you don't miss any of the action. Enjoy!

FOLLOW THE RACE IN LIVE:

Here is the link to follow all the races for tomorrow:

https://my.raceresult.com/225074/participants#2_94CFFD



About ITRA Born in July 2013, the ITRA (International Trail Running Association) aims to give a voice to parties involved in trail running in order to promote its strong values, its diversity, the safety of races and the health of runners, as well as to further the development of trail running and ensure a constructive dialogue between the national and international bodies with an interest in the sport. Learn more at www.itra.run



คณะกรรมการอำนวยการจัดการแข่งขันวิ่งภูเขาและวิ่งเทรลชิงแชมป์โลก
AMAZING THAILAND WORLD MOUNTAIN & TRAIL RUNNING CHAMPIONSHIPS ORGANIZING COMMITTEE

1567 Soi Ladprao 94 (Panchamit), Phlabphla, Wangthonglang, Bangkok 10310 THAILAND Tel: +66 (2) 9575880-1 Fax: +66 (2) 9575882