

NEWS RELEASE

FOR IMMEDIATE RELEASE
16 JULY, 2021

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ITRA UPDATES COVID-19 ORGANIZER'S OPERATING GUIDELINES

Medical and wilderness safety experts from around the world collaborate to update International Trail Running Association (ITRA) global guidelines

LAUSANNE, Switzerland. In the summer of 2020 ITRA issued the first version of event organizer operating guidelines during COVID-19. As vaccinations for COVID become more available events are beginning to re-open in trail running. The purpose of the revised guideline is to provide a framework of standard operating guidelines that race organizers from around the world can reference, helping to assure sound practices are applied to keep our entire community of trail runners, volunteers and host communities safe.

Dr. John Anderson, from the United States, leads the revised ITRA Medical & Safety Commission. Anderson comments, *“These are general guidelines that support each race organizer towards their own solutions to enable trail events to proceed safely. There is variation between countries regarding best COVID-19 practices. We have adopted international advice from the World Health Organization (WHO), however, race organizers are advised to check and comply with national and local regulations in their own region.”*

[Click here to download the guideline](#)

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About International Trail Running Association (ITRA)

Founded in 2013, ITRA (International Trail Running Association) is the leading reference organization for trail running globally, providing services to 2 million trail runners, thousands of trail running organizations, as well as international leadership for the sport.