



Press release, February 7th 2018

Trail World Championships trace revealed

The 2018 Trail World Championships (TWC) will take place on Saturday May 12th 2018 in Castellón de la Plana in Spain.

The event is co-organized by IAU (International Association of Ultrarunners), ITRA, Penyagolosa Trails and the Real Federación Española de Atletismo.

The 2018 Trail World Championships are open to runners selected by their federation or national association member of IAU.

Two other races are open to all runners: The MIM "Marató y Mitja" (59.2 km and 3,430 D+ start at 7:00 am on May 12th) and the CSP "Ultra Castelló Penyagolosa" (107.4 km and 5,670m D+, start 00:00 am on May 12th).

More information here: <http://penyagolosatrails.com>

Route information of 'Long' Trail World Championships 2018

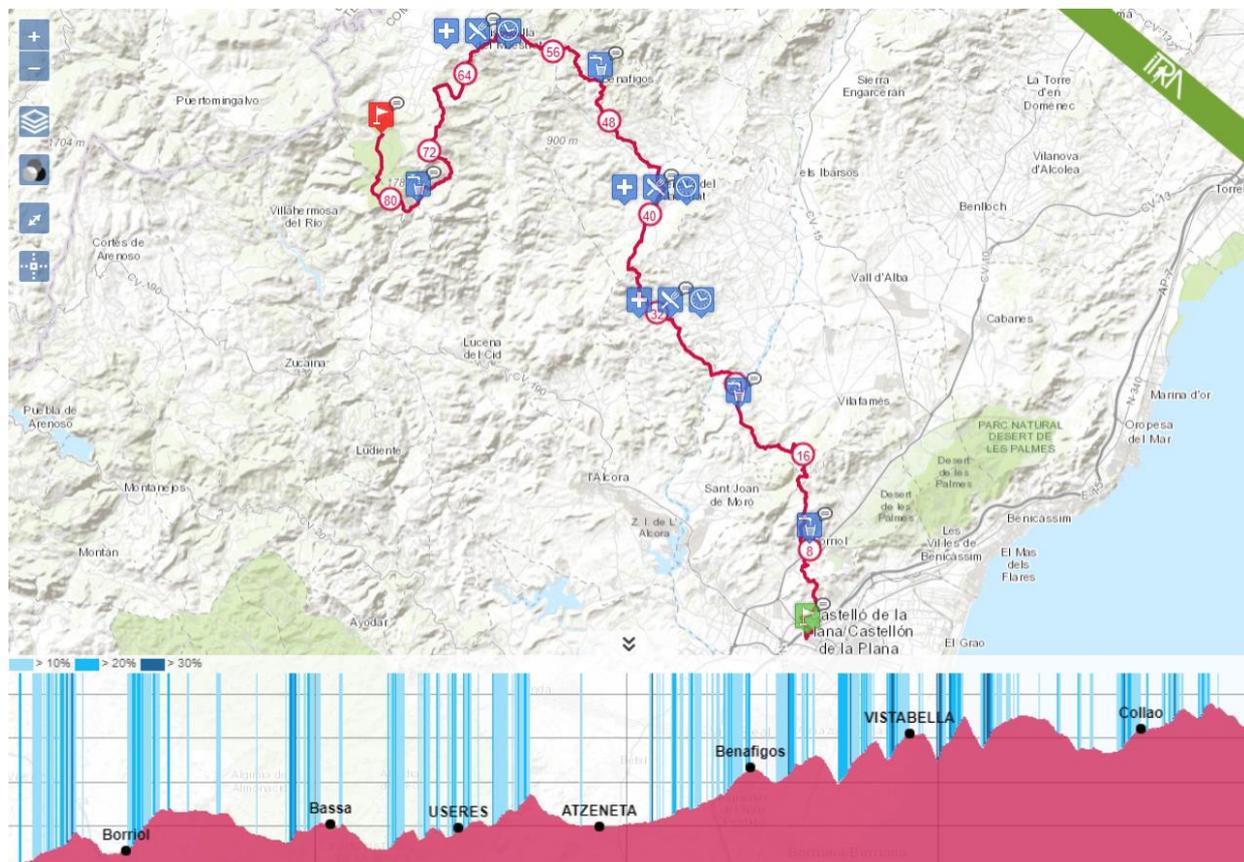
Route characteristics:

- Distance = 85,3 km
- Positive elevation = 4,900 m
- Negative elevation = 3,690 m
- Endurance difficulty: 4 ITRA points
- Mountain level: 7
- Finisher criteria: 500 (corresponding to a cut-off time of 15h)

Table of points of interest:

Passage	Description	Alt.	Cumul			Intermédiaire		
			Dist.	D+	D-	Dist.	D+	D-
Départ	Castellón	69	0	0	0	0	0	0
Borriol	Water supply	188	8.2	376	258	8.2	376	258
Bassa	Water supply	421	22.3	1074	722	14	698	464
USERES	Aid Station	396	31	1529	1201	8.7	455	479
ATZENETA	Aid Station	408	40.6	1968	1627	9.5	439	426
Benafigos	Water Supply	943	51	2572	1698	10.3	604	71
VISTABELLA	Aid Station	1247	61.9	3480	2302	10.8	908	604
Collao	Water Supply	1293	77.7	4513	3290	15.7	1033	988
Arrivée	Sant Joan	1275	85.3	4894	3688	7.5	381	398

The map:



More information here: <http://itra.run/page/349/2018 TWC - Penyagolosa Trails SporthG.html>

Participation conditions

The 2018 Trail World Championships are open to runners selected by their federation or national association member of IAU.

We will know the definitive list of runners and delegations on **April, 15th 2018** on <http://itra.run/page/349/2018 TWC - Penyagolosa Trails SporthG.html>

2016 'long' Trail World Whampionships ranking

Here are the top five of the 2016 *long* Trail World Championships by category:

Men:

- 1 Luis Alberto Hernando (ESP) 08:20:26
- 2 Nicolas Martin (FRA) 08:30:05
- 3 Sylvain Court (FRA) 08:30:39
- 4 Benoît Cori (FRA) 08:36:25
- 5 Ludovic Pommeret (FRA) 08:44:15

Team men:

- 1 France 25:37:10
- 2 Spain 26:26:02
- 3 Germany 28:24:03

Women:

- 1 Caroline Chaverot (FRA) 09:39:39
- 2 Azara Garcia (ESP) 09:45:01
- 3 Ragna Debats (HOL) 09:47:37
- 4 Nathalie Mauclair (FRA) 10:13:36

- 5 Gemma Arenas (ESP) 10:21:11

Team women:

- 1 France 30:38:12
- 2 Spain 30:50:19
- 3 Great Britain 33:04:37

As a reminder

In collaboration with IAU for the Trail World Championships, ITRA acts as technical partnership for 3 years. Today it is impossible to separate its expert health and security assessment from a such event.

ITRA has opened an international discussion with the trail running community to discover how the community feels that the next Trail World Championships (2020, 2021 and beyond) should be organised. ITRA is listening to different trail runners' opinions on many subjects: the race's number, the distance, the event frequency, the event form (many races in a single event), the type of route or the qualification process (selection by federation, wild card, open to all etc).

An international committee of athletes was created and tasked with considering these opinions and recommending the best format for the future Trail World Championships.

The sharing of responsibilities between IAU and ITRA has been clarified and effective since 2016 Trail World Championships in Portugal. IAU is in charge of all administrative, financial, accommodation and transport issues. ITRA is in charge of technical organization, communication and the QUARTZ Program, which offers a unique and innovative health monitoring platform, aimed at protecting runners' health and contributing to doping-free sport.

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